# Carriage House News



#### **Welcome Fall!**

We are very excited to welcome Fall. The children will be enjoying lots of activities, fingerplays, books, and songs with apples, pumpkins, and leaves as we make our way through the season.

We are also looking forward to the return of our Fall Family Event! Many thanks to those parents who expressed interest in bring it back! The event information is below. Please note that we will be closing early on October 29<sup>th</sup> for the event.

We are also looking forward to sharing our Halloween Costume Parade with the our friends at The Bradley Home. Look for more information on page 2.

May this season be filled with memory making moments for you and your family.



Carriage House will be closed on the following days.

Monday, October 13

Thursday & Friday, November 27 & 28

Wednesday, December 24th - closing at 12:00pm

Thursday & Friday, December 25 & 26

Wednesday, December 31st closing at 12:00pm

> Thursday & Friday, January 1 & 2







## INFLUENZA VACCINE REQUIREMENT

The CT Immunization requirements for children enrolled in day care includes an annual Influenza vaccine for any child over 6 months.

This vaccine must be given between August 31st and December 31st. If your child has not received this vaccine by January 1, 2026, he/she will be unable to attend the Center until the vaccine has been given and documentation has been handed into the office.



#### HOLIDAY FAMILY NIGHT TUESDAY, DEC 2ND

Our annual Holiday Family Night will be held on Tuesday, Dec. 2nd beginning at 5:30pm.

The evening will include dinner and a family craft project.

Registration will be available in November.

Mark your calendar....we hope see you there.

### Meriden Public Schools Closed

Meriden Public Schools will be closed on Monday, October 13th Tuesday, November 4th Tuesday, November 11th November 28th & 29th December 24th - January 2nd

Those School Age children needing full day care these days can utilized the posted sign up forms on the School Age classroom door.



# Water Bottles Needed Daily

All children (with the exception of Infants) are asked to bring in a labeled, reusable water bottle every day.

Water bottles can be refilled and reused to reduce our impact on the environment.

Bottles should be taken home each evening for cleaning.



### **Cubby Check**

With the season changing again, please be sure your child has a minimum of two (2) appropriate changes of clothing in his/her cubby, each day.

Suggestions for items include: long pants, shirts, underpants, socks, and sweatshirt

It is also important to note that all classrooms spend time outdoors on a basis.

Please help your child be prepared for these opportunities.



### Labeling Is Important

Please be sure all items entering the Center are labeled with your child's name. This includes ALL lunch items, water bottles, extra clothing, bathing suits, towels, diapers, etc..

This assists the teachers and children in keeping their classrooms organized and helps ensure that all items go home with the child they belong to.

You can use permanent marker, masking tape, or any number of labeling sources such as NameBubble, Etsy, or Amazon.

Finally, if you or your child would be sad about losing something, please refrain from bringing it into the Center.

#### **Healthy Snacks**

Snack times will continue to be offered at approximately 9:00am and 3:00pm daily.

Children will have the ability to choose a nutritious snack from their lunch box to eat during this time. If you have specific items that you would like your child to eat for snack, please be sure to label them accordingly.

Please be sure to pack nutritious options.
Candy, gum, soda, and other foods and
beverages containing large amounts of
processed sugars are not served at the
Center.



## Ice Pack Required for Lunch Boxes

Each lunch box must have an ice pack in order to maintain the proper storage of any perishable foods of no more than 45 degrees.

#### **Other Lunch Reminders**

- Only those items requiring warming should be placed in your child's classroom bin on the kitchen counter.
- All heatable items should be in microwaveable containers.
- Items must come prepared. Items such as easy mac & cheese, ramen noodles, etc. must be prepared and ready for warming.

#### **Late Pick Up**

As a reminder, the Center closes each day at 6:00pm.

Please be sure you are arriving in time to be departed from the Center by 6:00pm.

Late fees are assessed beginning at 6:00pm at a rate of \$30.00 every 15 min. or fraction of, per child.





### Carriage House is Peanut-free

Peanuts are among the most common allergy-causing foods, and they often find their way into things you wouldn't imagine.

Please be sure when packing your child's lunch

and snack items that you are not sending any items containing peanuts or peanut products.



Forms are now available in your youngest child's classroom. One form per family.

A cell phone number AND email must be included on the form so you can receive your access code to view and order.

There is NO obligation to order.



# **Tuition Payment Reminder**

As stated in the Parent Handbook, tuition is due on Friday for the upcoming week.

For example, tuition payment made on Friday,

September 26th

should be for the week of

September 29th - October 3rd

Please be sure you are making your payments on time to avoid last charges.

REMINDER: Tuition due on Friday, October 10<sup>th</sup> should reflect the new rate schedule.



# **Choking Prevention**

When sending food items to the Center, parents must:

- · Cook or steam hard food, like carrots, until it is soft enough to pierce with a fork
- · Remove seeds, pits, and tough skins/peels from fruits and vegetables
- · Finely chop foods into thin slices, strips, or small pieces (no larger than ½ inch), or grate, mash, or puree foods.
- · Remove all bones from fish, chicken, and meat.
- · Cut tube-shaped foods into smaller strip pieces, not round pieces. These foods include items such as: grapes, berries, tomatoes, carrots, string cheese, hot dogs, etc.

Per recommendation by the USDA Food and Nutrition Service, do not send small (marble sized), sticky, or hard foods that are difficult to chew and easy to swallow whole, including:

- · Cheese cubes or blocks
- · Dried fruit
- · Gummy fruit snacks
- · Hard pretzels and potato chips
- · Marshmallows
- Nuts and seeds, including breads, crackers, and cereals that contain nuts and seeds
- · Popcorn
- · Whole round or tube-shaped foods such as grapes, cherry tomatoes, cherries, raw carrots, sausages, and hot dogs

Food items that are not sent in prepared appropriately or are considered choking hazards, will not be served.